



# Interchange Outer East

## NDIS RECREATION PROGRAMS SUPPORT COSTS 2025-26

### How are recreation program costs determined?

IOE's recreation programs have two parts to their costs, as follows:

- **Activity Expenses** - The activity expenses or fees charged contribute to the overall activity costs such as accommodation, food, transport, entry and ticket costs. Activity expenses exclude support costs.
- **NDIS Support Costs** - The NDIS support cost is a charge for the direct support of staff provided on activities. This cost is invoiced to your NDIS plan. NDIS support costs are a combination of:
  - An apportioned rate
  - A non-face-to-face time (NFTF)
  - Centre capital cost (CCC)

### NDIS Support Cost Options

IOE offers two costing options for camps and weekends away. Please see table below for further information. Both options are available to use under core supports of any NDIS plan.

OPTIONS	SUPPORT CATEGORY	RATES INCLUDE	COST INCLUDES
<b>Option 1: Standard (STD)</b>	<b>CORE:</b> Group activities – standard + Assistance with self-care activities - night-time (sleepover)	Weekday daytime Weekday evening Saturday Sunday Night time sleepover NFTF CCC	<b>NDIS support cost:</b> Cost varies dependent on support ratio. See table below + <b>Activity expense</b> (out of pocket cost)
<b>Option 2: Short Term Accommodation (STA)</b>	<b>CORE:</b> STA and Assistance (Inc. Respite)	Short Term Accommodation and Assistance Per 24-hour period, Midweek/ Saturday/ Sunday  *No sleepover included	<b>NDIS support cost ONLY:</b> Cost varies dependent on support ratio. See table below + Activity expense (out of pocket cost) If required i.e. ticketed events *No out of pocket cost for food & accommodation.

## RECREATION COST AND PRICING INFORMATION

### Support Ratios

- **Children's Services:** IOE uses the apportioned rate or 1:2 or 1:1 depending on support needs. This is determined on an individual basis by program coordinators.
- **Adult services:** IOE uses the apportioned rate of 1:3, 1:2 or 1:1 depending on support needs. This is determined on an individual basis by program coordinators.

### Attending Programs with a 1:1 Support Worker

Individuals requiring a higher level of support can access 1:1 support on activities. Program coordinators will work closely with families, rec leaders and family coordinators to determine the most appropriate support ratio for each participant.

### 1:1 Support Workers must be Employed by IOE

Where participants require 1:1 support to participate in IOE recreation activities, we will only accept 1:1 support workers who are employed by IOE. IOE has a mandatory obligation to meet the requirements set by The Commission for Children and Young People (including vulnerable people). This legislation includes strict screening processes that IOE are obligated to adhere to. The only scenario this does not apply to is when accessing a GAP program.

Additional charges that apply to families when using a 1:1 support worker include:

- **Day Activities:** An activity expense for the 1:1 support worker will be invoiced to the family where the cost of entry or ticket is not covered by the participants companion card.

### Costing Quotes

Please contact Recreation Services Team for a quote prior to an NDIS review meeting. Having a quote will assist in identifying accurate costs required for accessing recreation programs in the year ahead.

### Active Overnights

If a participant does not sleep on a camp or weekend away, the cost of an active overnight will be charged to the NDIS plan. IOE includes the cost of an active overnight in a quote if requested.

### Cancellation and Rescheduling Policy

Families are encouraged to read and be aware of IOE's Cancellation and Rescheduling Policy, taking note of the specific requirements when accessing recreation programs. It is important to also note that the policy varies for individual recreation programs, such as programs of support (POS). To view the policy please visit [www.ioe.org.au/about-us/policies](http://www.ioe.org.au/about-us/policies)

### Recreation Program Costs

The costs stated in the table overleaf are a general cost of standard times IOE activities and camps run. Invoices are adjusted accordingly when the activity and time differ. Costs will also vary on activities/camps running over a public holiday. Non-face-to-face time varies dependent of the needs of an individual and the activity they are accessing. All costs are broken down, transparent and available to view on your invoice.

## IOE NDIS RECREATION PROGRAM COSTS - FOR ADULTS AND CHILDREN

PROGRAM/ACTIVITY	SUPPORT RATIO	STANDARD NDIS Support Cost	STA NDIS Support Cost
School Holiday Program	1:1	\$575.29	
- Midweek day activity	1:2	\$329.48	
School Holiday Program	1:1	\$4,393.89	\$5,174.10
- Midweek three-day camp	1:2	\$2,587.35	\$2,846.86
	1:1	\$5,231.64	\$6,312.82
Weekend Camp (Fri-Sun)	1:2	\$2,958.88	\$3,375.22
	1:3*	\$2,201.29	\$2,396.02
Mini Camp (Sat-Sun)	1:1	\$3,061.82	\$3,631.78
	1:2	\$1,682.89	\$1,951.55
	1:1	\$802.18	
Saturday Activity	1:2	\$456.28	
	1:3*	\$340.97	
Sunday Activity	1:1	\$1,029.07	
	1:2	\$583.07	
	1:3*	\$434.40	
	1:1	\$632.01	
Evening Midweek Activity (5:00pm to 12:00am)	1:2	\$361.18	
	1:3*	\$270.90	
Adults After Work Social Club (POS) (5:00pm to 11:00pm)	1:1	\$541.72	
	1:2	\$309.58	
	1:3*	\$232.20	

\*NOTE: 1:3 ratios are for adult programs only

## GAP PROGRAMS (Group Afterhours Program)

PROGRAM	AGE GROUP	TIMINGS	RATIO	COST
Sport For Fun Knox (Tuesdays)	Junior (5-12)	45 minutes	1:2	\$42.14
	Senior (13-18)	1 hour	1:2	\$56.18
	Adults (18+)	1 hour	1:3	\$44.48
Sport For Fun Maroondah (Wednesdays)	Junior (5-12)	45 minutes	1:2	\$42.14
	Senior (13-18)	1 hour	1:2	\$56.18
	Adults (18+)	1.5 hours	1:3	\$66.72
Sport For Fun Boronia (Thursday)	Junior (5-12)	45 minutes	1:2	\$42.14
	Senior (13-18)	1 hour	1:2	\$56.18
	Adults (18+)	1.5 hours	1:3	\$66.72
PROGRAM	AGE GROUP	TIMINGS	RATIO	COST
Reactions Boronia (Wednesday)	Junior (5-12)	45 minutes	1:2	\$44.42
	Senior (13-18)	1 hour	1:2	\$58.77
PROGRAM	AGE GROUP	TIMINGS	RATIO	COST
Basketball Clinic Boronia (Monday)	Junior (5-12)	45 minutes	1:2	\$42.14
	Senior (13+)	1 hour	1:2	\$56.18
	Adult (18+)	1 hour	1:3	\$44.48