



# FAMILY SUPPORT NEWSLETTER

## Winter 2025

*Social opportunities for the families of children and young adults with disability, living in Melbourne's outer east. A variety of affordable outings, camps and weekends away for parents and carers, siblings and grandparent carers to relax and unwind, meet others and build their community.*

### CARER RETREAT 2025

**EXPRESSION OF INTEREST NOW OPEN!**

When: Friday 25- Sunday 27 July, 2025

Where: Inverloch RACV Resort

To express interest, fill out this form:

<https://forms.gle/caUw1XZHn2qFuLr18>

Applications close: Sunday 1st June

### DADS & KIDS CAMP

**EXPRESSION OF INTEREST CLOSING SOON!**

When: Friday 27- Sunday 29 June, 2025

Where: CYC The Island, Phillip Island

To express interest, fill out this form:

<https://forms.gle/nYfpDxur6vXvAr7NA>

Applications close: **THIS SUNDAY 11 MAY!**

### Mums Social Group

**High Tea & George Tindale Gardens**

When: Sunday 3 August, 12.30pm – 3.30pm

Where: Marybrooke Manor, Sherbrooke

Cost: \$25

Book: <https://www.trybooking.com/DBIBT>

**All welcome.**

*Families do not need to be registered with IOE to be involved.*

### Carer Support

*Our Carer Support Program gives parents and carers of children and young adults with disability the chance to connect with each other in a relaxed and social environment.*

#### ART CLASS FOR CARERS

When: Tuesday 17 June / 22 July / 5 August, 10am – 12pm

Where: IOE, Boronia

Cost: \$10

Book: <https://www.trybooking.com/DBHIH>

#### MORNING MELODIES & LUNCH

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When: Thursday 5 June / 3 July / 7 Aug.

10am – 1pm

Where: Ferntree Gully Hotel

Cost: \$10

Book: [www.trybooking.com/DBHGR](http://www.trybooking.com/DBHGR)

#### CARER SOCIAL GROUP

Op Shopping & Lunch

When: Wednesday 25 June, 10:30am – 2pm

Where: Kilsyth Op Shops & Kilsyth Club

Cost: \$15

Book: <https://www.trybooking.com/DBHKL>

#### CARER SOCIAL GROUP

Paulini: Sings the American Divas

When: Friday 8 August, 7pm – 10pm

Where: The Round, Nunawading

Cost: \$30

Book: <https://www.trybooking.com/DBIAU>

## Sibling Support



*Our Sibling Support Program gives children and teens, who have a brother or sister with a disability the chance to have fun and make friends with others who understand their situation. To access the program you*

*must have a sibling with a disability. This program is not for individuals who have a disability themselves. Activities and camps for siblings are FREE to attend, thanks to the generous support of Freemasons Victoria.*

### SIBLINGS ALL AGES ACTIVITY

(5-17 years) – Minigolf & 10 Pin Bowling  
When: Saturday 21 June, 10am – 4:30pm  
Where: Transport from IOE, Ferntree Gully  
Book: <https://www.trybooking.com/DBHLA>

### SIBLINGS SCHOOL HOLIDAY ACTIVITY

(5- 17 Years) – Waterslides & Trampolining  
When: Tuesday 8 July, 10am – 5pm  
Transport: From IOE, Ferntree Gully  
Book: <https://www.trybooking.com/DBHNNH>

### SIBLINGS ALL AGES CAMP

(5-17 years) – The Summit, Trafalger  
When: Friday 1 – Sunday 3 August  
Transport: From IOE, Ferntree Gully  
Book: <https://www.trybooking.com/DBIBZ>

### YOUNG ADULT SIBLINGS SOCIAL GROUP

(16-24 years) Big Night In (Pizza & Video Games)  
When: Saturday 30 August, 6pm – 10pm  
Where: IOE, Ferntree Gully  
Book: <https://www.trybooking.com/DBIBM>

## Grandparent Carers

*FREE get-togethers to recognise the unique role of grandparents who are full-time carers/guardians of their grandchild(ren) with disability. Connect with others who share this role and enjoy some company.*

### JUNE LUNCH

Warren Glen Garden Centre & Cafe  
When: Monday 23 June, 12-2pm  
Where: 373 Ringwood-Warrandyte Rd, Warrandyte  
Cost: Free (drinks at own cost)  
Book: <https://www.trybooking.com/DBHLK>

### JULY LUNCH

High Tea @ Mary Eats Cakes  
When: Wednesday 30 July, 12-2pm  
Where: Leith Rd, Montrose  
Cost: Free (drinks at own cost)  
Book: <https://www.trybooking.com/DBHMP>

### AUGUST LUNCH

The Royal Hotel  
When: Monday 18 August, 12-2pm  
Where: Ferntree Gully  
Cost: Free (drinks at own cost)  
Book: <https://www.trybooking.com/DBICD>

## Social Dinners

### JUNE DINNER - Hendricks

When: Thursday 19 June, 6pm – 8pm  
Where: John St, Lilydale  
Cost: \$15 – drinks at own cost  
Book: <https://www.trybooking.com/DBHKE>

### JULY DINNER – Carlos Cantina

When: Tuesday 1 July, 6-8pm  
Where: Boronia Rd, Boronia  
Cost: \$15 – drinks at own cost  
Book: <https://www.trybooking.com/DBHMH>

### AUGUST DINNER – Brycees Tavern

When: Wednesday 27 August, 6-8pm  
Where: Brice Ave, Mooroolbark  
Cost: \$15 – drinks at own cost  
Book: <https://www.trybooking.com/DBHZR>

## CROCS FAMILY PLAY SESSION

When: Saturday 28 June, 5-8pm  
Where: Crocs Playcentre, Ringwood  
Cost: \$5 per person  
BOOK: [www.trybooking.com/CYCAO](http://www.trybooking.com/CYCAO)  
*Other dates for 2025 can be booked in now - Saturday 13 September, Saturday 6 December*