

# ALLIED HEALTH

## COUNSELLING

FOR FAMILIES, CARERS and NON-NDIS PARTICIPANTS



WEDNESDAY TO FRIDAY



BETWEEN
9AM AND 5PM

#### **ABOUT JULIANA**

Juliana has a Master of Counselling from Monash University and provides counselling services with a warm and open attitude practicing a client-led therapeutic style. She has a long history of teaching swimming and uses the skills learnt in educating a survival skill into her counselling; focusing on empathy, compassion, patience and a strengths-based approach. Juliana has a particular interest in working with people who have experienced trauma and anxiety centering around coping strategies toward autonomous emotional regulation

#### COST

\$100 per 1hr session private fee. Carers can access funded counselling through Carer Gateway. Visit <a href="https://www.carergateway.gov.au">www.carergateway.gov.au</a> for details.

### **BOOKINGS & REFERRALS:**

www.bit.ly/IOECounselling

#### **CONTACT & ENQUIRIES**

9758 5522 or alliedhealth@ioe.org.au

Medicare rebate not available for private paying clients

NDIS participants will be charged in line with current NDIS Pricing Arrangements and Price Limits

