

Adult Services

Interchange Outer East (IOE) adult programs are flexible, fun and intentional. We work with families to tailor supports for individuals and groups that pursue interests, provide new experiences, develop skills and provide a space for people to belong and build great connections.

These programs and supports are best suited to adults aged 18-30 years at the time of registration.

Please note out of pocket fees apply for group programs. IOE is a registered NDIS service provider for all services.



“ *My daughter has shown more confidence, excitement and interest while attended the program. It really is a stepping stone towards encouraging and teaching independence for adults with disabilities.*

She has learnt new skills that I believe she would not have achieved in another environment. ”

- Paul, Parent



Adult Services



Creating opportunities and choice for all

Supporting adults with a disability to grow in confidence & independence, to be actively involved in their communities and to explore and develop their interests alongside others.

Interchange Outer East

5-7 Yose Street, Ferntree Gully Victoria 3156
(03) 9758 5522 | ioe@ioe.org.au | www.ioe.org.au
Your local NDIS registered service provider

Options for Adults

Flexible individual support - Coordinated from localised hubs in Knox, Maroondah and Yarra Ranges, staff work with families and individuals to tailor supports. Carefully matched staff provide in-home or community based support to meet your goals, e.g. prepare for your day and get you somewhere, support you at work or where you volunteer, support in leisure activities, on a holiday or learning new skills.

Flexible support in small groups - Connect with others and explore new or existing interests in a small group of your choice. Challenge one another and build relationships. This option aims to connect people with others that share similar interests or are just great friends that need support to pursue their interests. Going to the football, shopping or checking out a community event is always better with friends!

Independent living intensives - Based in IOE's private residential rentals, you will learn and practice skills in a share house environment. Each Intensive has an overnight component running from 9am to 3pm the next day with potential to expand to two nights when participants are ready. One program runs Monday to Friday in a rural setting one week per month. Each intensive aims to build capacity with participants to be independent in their own lives whether that is living with others, volunteering or using public transport.



Prep4Work - Prep4Work uses SLES funding and aims to support school leavers to prepare for work. Together we discover what your skills and interests are and explore where these are needed in the employment or volunteering space. The SLES funding generally spans two years and includes planning, group based learning and 1:1 support in preparing for and experiencing real work situations.



Day services - Group based services which are based in Boronia, Lilydale and Yarra Junction. A range of community based programs are offered Monday to Friday. Programs focus on building confidence, learning and maintaining skills, relationships and community participation.



Social and recreation - Have a break from home and enjoy weekends away, holidays and social evenings in a fun and supportive environment. Be involved in one-off opportunities or regular group activities focusing on friendship, fun and involvement in community events typical of any young adult. Sign up for:

- Weekend or week-long getaways
- Day, evening and weekend activities
- After work social club

Further details can be found in the IOE Recreation Services brochure.

Overseas & Longer Getaway Experiences - Travel with a group and explore the world by joining one of our supported holidays. Families welcome.



Specialised Services - IOE also offers NDIS support coordination, plan management and behaviour support services for people of all ages. More information about these services can be found in the IOE Specialised Services brochure.

Contact

For more information contact the Interchange Outer East intake team on 9758 5522 or intake@ioe.org.au

Further information and online application forms are also available on the IOE website - www.ioe.org.au