

## Interchange Outer East - Yarraburn

Recognising a need for quality local programs and services for people with a disability, families and young people in the Yarra Valley, Interchange Outer East (IOE) established the IOE Yarraburn Office, based in Yarra Junction.

Replicating many of the Interchange Outer East programs that families previously had to travel as far as Lilydale and Ferntree Gully for, the IOE Yarraburn Office offers:

- **Support Coordination**
- **Plan Management**
- **1:1 and small group flexible support**
- **Recreation programs for children and adults**
- **School holiday program**
- **Family support programs**
- **Training and workshops**
- **Adult day service**
- **Independence in the Home program**

The IOE Yarraburn Office recruits and mentors its own staff and volunteers. This means that the people working on programs and with individuals are Yarra Valley locals just like you!



*“The real benefit to individuals and families is that now Interchange Outer East is part of their local community.*

*People can now have that important connection to volunteers, support workers and coordinators. ”*

- Fred Brumhead, CEO



## Yarraburn Office

1 Park Rd, Yarra Junction



### Bringing quality disability and family support to the Yarra Valley.

The full range of Interchange Outer East programs and services is now available locally for families and individuals living in the Yarra Valley.

#### Interchange Outer East

5-7 Yose Street, Ferntree Gully Victoria 3156  
(03) 9758 5522 | [ioe@ioe.org.au](mailto:ioe@ioe.org.au) | [www.ioe.org.au](http://www.ioe.org.au)

Your local NDIS registered service provider

## IOE Yarraburn Programs

**1:1 and Small Group Flexible Support** - Through planning and working together, families can tailor supports to meet their respite, support and recreation needs. Coordinators work with families and individuals to plan support around in-home personal care; school pickups and drop offs; after school care; support to participate in recreational opportunities, specific interest groups, the arts and sport; support for holidays and other leisure options, including 1:1 holiday support.

Families can also combine resources and funding to purchase support with those of similar interests to achieve a small group setting. Through planning and working together, families and staff can tailor supports to meet their needs. This is a flexible service that can meet the goals and needs of individuals and families in many different ways.

**School Holiday Program** - A range of day outings and camps for school-aged children during each term break. Activities are supported by volunteers to ensure that children have as much fun as possible.

**Family Support Programs** - Social outings, camps, weekends away, training and workshops for the families of a person with a disability. Programs include Sibling Support Program, Carer Support Group and whole family camps and activities.

**Adult Day Service** - The Yarraburn adult day service provides a range of programs that assist participants to be involved in daily life, participate in community and increase independence.

**Independence in the Home** - A program for adults to learn and practice skills that lead to greater independence in day-to-day life and in the family home. This program includes an overnight component.

### Recreation Programs for Children and Adults -

The IOE Yarraburn Office provides a full range of recreation programs for adults and children. Programs are engaging, age-based and encourage natural friendships with people of similar interests. Recreation programs include:

*Adult Recreation* - Have a break from home and enjoy days and nights out, weekends away and local, interstate and international holidays.

*Children's Recreation* - Introducing children aged 5 to 9 years to group based weekend camps, mini camps and day activities.

*10-13 Recreation* - For children aged 10 to 13 this weekend program offers camps and the type of activities that most pre-teens would enjoy.

*Youth Group* - For 14 to 17 year olds. A weekend program of full day outings and camps.

*Youth Hangout* - A fortnightly youth group for all young people living in the Yarra Ranges.

*Sport for Fun* - A weekly fun, non-competitive sport skills program for all anyone aged 8-18 years.

*Woori Yallock After School Program* - An inclusive after school program for children with additional needs, and their siblings, who attend Woori Yallock Primary School.

**\* Please note fees apply for group programs. IOE is a registered NDIS service provider for all services. All programs can be purchased utilising current funding or self funding.**

**Training and Development** - The IOE Yarraburn Office offers training, networking and personal development opportunities for families and the community in health and wellbeing, disability information and other areas of interest.

Opportunities for personal development aim to give carers, family members and the community the necessary tools, confidence and knowledge to support someone with a disability while enhancing wellbeing and social connection. These opportunities are also available through parent and carer support groups, family camps and other family support services.

**Support Coordination** - The IOE Yarraburn Office can provide full assistance to help you implement your NDIS plan. Experienced and knowledgeable staff will ensure that you receive the best available services and supports to assist you to reach your goals.

**Plan Management** - IOE can provide full financial management of your NDIS plan. We have a committed team of administrative professionals to assist you to utilise your NDIS funds in a way which enables you to successfully meet the goals in your NDIS plan.



## Contact

For more information contact the Interchange Outer East Yarraburn Office on 5967 2433, the IOE main office on 9758 5522 or email [ioe@ioe.org.au](mailto:ioe@ioe.org.au)

Further information and online application forms are also available on the IOE website - [www.ioe.org.au](http://www.ioe.org.au)