



BOYS 2 MEN

RESPECT | INDEPENDENCE | RESILIENCE | MENTAL HEALTH

SIX MONTH PERSONAL DEVELOPMENT PROGRAM

For young men aged 14-24 years. Learn more at www.ioe.org.au

Boys to Men provides a safe and supported place for young males to explore who they are, the men they want to become, and gain tools to further them on their path towards becoming good men.

SIX MONTH PROGRAM CURRICULUM		
Month	Contact Hours/Days	Focus Area
One	Two x 8 hour days (Saturday)	Introduction Month <ul style="list-style-type: none"> • Introduction session - about the program • What does it feel like to be male – discussion
Two	Two x 8 hour days (Saturdays)	Competency Skills <ul style="list-style-type: none"> • STARS Program establishment <ul style="list-style-type: none"> - Social Skills - Domestic Skills - Community - Money - Transport - Creative men - Bushwalking - Camping - Challenges
Three	One x 8 hour day (Saturday) One x 30 hour overnight (Sat/Sun)	Being Male <ul style="list-style-type: none"> • What does it mean to be a man • Strength • Respect • Sexuality • Energy
Four	Two x 4 hour day (weeknights) One x 30 hour overnight (Sat/Sun)	Being Male <ul style="list-style-type: none"> • The other humans (females) • Relationships • Social Media & On line • Dating • Pornography
Five	Two x 4 hour day (weeknights) One x 30 hour overnight (Sat/Sun)	Self Care <ul style="list-style-type: none"> • Mental Health – Anxiety, Depression • Frustration / Anger • Respect • Communication
Six	One x 52 hour weekend (Fri/Sat/Sun) Two x 4 hour days (weeknights)	Celebration <ul style="list-style-type: none"> • The final challenge • Review and consolidation of learnings • Achievements



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SIX MONTH PROGRAM COSTS		
Item	Cost Per Participant	
Out of pocket expense per participant	\$350	
NDIS Items Core Supports Group based community social and recreational activities 1:2 ratio		
Planning - 36hrs 1:2 rate (\$22.35)	\$804.60	
Support Costs	30hrs weekday 1:2 rate (\$22.35)	\$670.50
	80hrs Saturday 1:2 rate (\$31.02)	\$2,481.60
	37hrs Sunday 1:2 rate (\$39.69)	\$1,468.53
	5 x sleepovers (\$194.79)	973.95
TOTAL AMOUNT INVOICED TO NDIS PLAN	\$6,399.18	
TOTAL COST OF SIX MONTH PROGRAM	\$6,749.18	

REGISTER BY 2 JULY 2018

How to find out more or be involved:

Please contact Erin Weegberg at Interchange Outer East

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Email: erin.weegberg@ioe.org.au

Web: www.ioe.org.au