



## **Mental Health NDIS Program: Carers, Families & the NDIS**

Are you caring for a person with a mental illness? Do you want to know more about the National Disability Insurance Scheme (NDIS)? The program covers information the carer will need to be prepared for the NDIS with a mental health perspective.

**Yarra Ranges Council** and **Villa Maria Catholic Homes (VMCH)** in partnership with **Carers Victoria** are offering a four-part program which aims to assist you to prepare for the NDIS

**10:00am to 2:00pm (refreshments provided)**

**Mount Evelyn Community House**

**50 Wray Crescent, Mount Evelyn**

### **Session 1: Understanding the NDIS - Thursday, 19<sup>th</sup> October, 2017**

Carers will gain an understanding of the National Disability Insurance Scheme (NDIS) and the necessary steps to engage in the NDIS.

### **Session 2: Starting on the NDIS plan - Thursday, 26<sup>th</sup> October, 2017**

Carers will explore and build the necessary skills and knowledge which will help with pre-planning and to learn options of managing the plan with a person centred approach.

### **Session 3: Effectively engaging with the NDIS - Thursday, 9<sup>th</sup> November, 2017**

This session will explore supports options for a person with mental illness and the carer and learn about plan management options.

### **Session 4: Making your voice heard - Thursday, 16<sup>th</sup> November, 2017**

This session will provide carers with an overview of their prevailing rights and the rights of the person you care for, ways to advocate, and strategies to communicate effectively with professionals in the service sector.

**RSVP:** 13<sup>th</sup> October 2017

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