



# STudent Recreation Interstate Volunteer Exchange

**Interchange Outer East presents an exciting new volunteer program  
for students and young people from all over Australia!**

## **What is Interchange Outer East?**

Interchange Outer East (IOE) is a non profit, community based organisation that supports families who have a child or young person with a disability living in Melbourne's outer east. Through offering a range of programs and services, IOE opens opportunities to families and allows them the choice of how this support is provided. We have a strong belief in engaging the community by forming connections and creating volunteering opportunities to build more inclusive communities. IOE is also backed by a strong culture that values people as being its most valuable asset. We pride ourselves on having a pragmatic approach to rules and regulations with a maxim to make things work, have fun and do the best we can.

## **What is STRIVE?**

The STudent Recreation Interstate Volunteer Exchange (STRIVE) is an innovative opportunity for students and young people between the ages of 14 and 21 years to have a summer camp-style volunteering experience away from home, without the need and expense of travelling overseas. Volunteers will travel to Melbourne during the school holiday period to volunteer on mid-week camps, supporting children aged between 5 and 18 years and helping them get the most out of the camp experience.

During weekends and/or between camps, volunteers will be hosted by a selected family that is well-known to IOE, such as a staff, volunteer or client family, who matches the interests and personality of the volunteer - we want to make sure the fit is right so that you can have the best possible experience during your down time!

## **What are the benefits?**

With a focus on fun and a can-do attitude, IOE strongly values the contribution of its youth volunteers. Young people are highly respected and supported and are encouraged to be themselves, develop their skills and to help the children on our programs have as much fun as possible. As an IOE STRIVE volunteer, you will:

- Develop leadership skills
- Have new experiences
- Make new friends
- Improve confidence
- Make a real difference
- Have loads of FUN!
- Experience life in Melbourne
- Gain valuable life experience
- Improve employability
- Travel away from home
- Be supported, mentored and valued
- Make lifelong connections

## **What are the costs?**

Volunteers (and/or their families) will pay for return travel expenses to Melbourne, travel insurance and weekend spending money. Interchange Outer East will cover all camp and volunteer expenses such as training, induction, food, accommodation, travel expenses and entry to attractions and events on camp.

## **How to find out more or be involved:**

Contact the Interchange Outer East Volunteer Coordinators on  
(03) 9758 5522 or email [volunteers@ioe.org.au](mailto:volunteers@ioe.org.au)

Find out more on our website: [www.ioe.org.au/get-involved/volunteers](http://www.ioe.org.au/get-involved/volunteers)

