

Volunteer Services

Interchange Outer East (IOE) offers a range of volunteering options for people of all ages, experience and interests. Unique in the region and sector, young people from the age of 14 are welcome and encouraged to sign up to volunteer. Choose from:

- **Recreation Volunteer**
- **Host Volunteer**
- **Adult Services Volunteer**
- **Administration Volunteer**

Volunteers play a crucial role in the running of many IOE programs and throughout the agency as a whole.

IOE highly values its volunteers and actively recognises their contribution through special volunteer only events including volunteer camps.

Volunteering is fun, rewarding and makes a difference in the lives of local families.



“ I am so proud to be a part of the volunteer program. It has 100% changed my life and I get to spend time with the most amazing kids! ”

- Charlotte, Volunteer

“ I have learnt a fair bit in my time on this Earth but I would say that the most important lessons I have learnt have come from my experiences in volunteering! ”

- Freya, Volunteer



Volunteer Services



Providing a range of volunteering options for everyone.

Flexible volunteering opportunities that are fun and fulfilling that support the wellbeing of children and young adults with a disability and their families.

Interchange Outer East

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Your local NDIS registered service provider

Volunteering Options

Recreation Volunteer - Our recreation volunteers provide support to program participants by encouraging interaction and supporting activity participation. We have a firm belief in the value of people volunteering at a young age and our recreation programs welcome volunteers from the age of 14 years.

Volunteers at IOE come from all walks of life - the only must-have is a sense of fun! There is no requirement to have previous experience in working with people with a disability. Volunteers learn as they go and soon discover that working with someone with a disability is just about working with people. Support and assistance is always provided by staff and senior volunteers.

On our recreation camps and activities volunteers are matched, usually 1:1, with a child with a disability. Matches are carefully selected based on the needs of the child and the skills of the volunteer, as well as taking into account the interests of both the child and volunteer. In short, we try to match volunteers with children who have similar personalities and interests. This helps children and volunteers have as much fun as possible, while also building a friendship. Recreation volunteers don't they pay for a thing - all camps and activities are paid for by IOE.



Volunteers are highly valued and supported at IOE and can take advantage of the many fun and educational opportunities on offer around the agency.

Adult Services Volunteer - The IOE Adult Services team runs a range of different programs for school leavers and young adults throughout the week. The programs run from 9am to 3pm, Monday to Friday during school terms and include activities such as health and fitness, communication programs, gardening, sport and recreation and many more. Adult Services volunteers assist staff to engage participants in the program, encouraging them to develop their skills and get the most out of the activity. There are also opportunities to volunteer on adult camps, day activities and holidays - including some overseas trips!

Host Volunteer - The Host Program matches a child with a disability, aged to 18 years, with a volunteer host who shares their home and time with that child on a regular basis.

Arrangements around actual periods of care are flexible to fit in with the needs of family, child and host. However, IOE encourages regular monthly visits, as this assists the relationship between the child and their host family to develop, so everyone feels comfortable and at ease with each other.

Initially the prospective host, the child and their family all meet, giving everyone the opportunity to get to know a little about each other. For the match process to continue, everyone must give their agreement. Hosts come from all cultural and religious backgrounds, lifestyle and relationship situations and can be any age over 18 years.

To enable them to provide the best possible care, hosts are provided with comprehensive information about



their host child. IOE believes that parents are the best source of information regarding the care of their child and open communication is encouraged between parents and hosts. Our staff provide ongoing support throughout the match.

Administration and Other Options - IOE offers placement student and work experience opportunities across all areas of the organisation. We have projects, events, fundraisers and festivals that volunteers are able to work on for the duration of the project and many events throughout the year that provide a range of volunteering opportunities to suit most time lines and skill parameters.

Our administration department comprises a wide range of tasks and skill sets. If you are skilled and interested in volunteering in the following areas; marketing, media, accounts, IT, OH&S, recruitment, training, data entry or any more general office duties, we can explore volunteering possibilities with you.

Contact

For more information contact the Interchange Outer East Volunteer Coordinators on 9758 5522 or email volunteers@ioe.org.au

Further information and online application forms are also available on the IOE website - www.ioe.org.au