



Sibling Support Program

Family Support Services



**Recreation and support for
siblings aged 5 to 18 years of a
person with a disability.**

Generously supported by:



Interchange Outer East

5-7 Yose Street, Ferntree Gully Victoria 3156
(03) 9758 5522 | ioe@ioe.org.au | www.ioe.org.au

Your local NDIS registered service provider

Sibling Support Program

- Age based social and recreation group based programs to encourage friendships:
 - 5 to 8 years
 - 9 to 12 years
 - Teenage siblings
- Open to all families who have a child with a disability, not only those who are registered with Interchange Outer East.
- Many siblings of a child with a disability have lots of stories in common and face many similar challenges. Camps and day activities allow siblings to socialise with others in a supportive and empathetic environment.
- While the program is all about having FUN, it also allows siblings to learn about disability, integration, coping strategies and the importance of their place within their family.
- The cost to families depends on the camp or activity, ranging from \$25 for a full day activity up to \$120 for a weekend camp. Costs are kept as low as possible for families thanks to the generous support of Freemasons Victoria and Freemasons Monash Gully.

Creating Opportunities and Choice

