



# Interchange Outer East

## INTERSTATE AND OVERSEAS SUPPORTED HOLIDAY OPTIONS 2018

**Interchange Outer East have an exciting new range of travel options available for people of all ages in 2018. These options are just a sample of what is possible. If you have a specific trip that you would like to go on, we can discuss the possibility of customising an individual or group holiday for you - DREAM BIG!**

### **COSTS**

The total cost of these activities includes:

- *Activity Expenses* - such as flights, accommodation, transport, food and entry into events and attractions.
- *Support Costs* - such as the cost of the support workers as well as planning and administration costs.

### **IMPORTANT NDIS INFORMATION**

We expect that by the time these trips take place, most participants will have, or will be in the process of securing, NDIS funding. Therefore please plan ahead and remember to ask for recreation support to be included in your plan.

If your NDIS plan is approved at any stage before your trip, you will need to pay for the support costs at the relevant NDIS rate (we will advise you of these costs).

If you would like to go on one of these trips, please remember to plan for and ask for recreation to be included in your NDIS plan and include the benefits of travelling in your goals.

It is also important to note that other funding sources such as ISP, Yooralla, Life Assist etc. will not be able to be used towards any of the costs of these trips if you secure an NDIS plan as they have very strict guidelines and can not be used in conjunction with NDIS funding.

The support costs for recreation are the same whether you go to Phillip Island for a week or Bali for a week so don't feel limited in how you choose to spend your time or your funding and remember that there are a lot of benefits in participating in and venturing outside your local community.

Some of the benefits of travelling that may be included in your goals are

- Participating in the group planning of the trip
- having something to save for, plan for and look forward to
- Great for mental health
- Expanding experiences
- Meeting new people
- Working together as a team
- Developing independence
- Fulfilling dreams
- Learning, developing and following interests

## Interstate and Overseas Supported Holiday Options 2018

### 1. Three State Aussie Road Trip

**Duration:** 11 Days  
**Dates:** March 2018 TBA  
**Age Group:** All ages  
**Accessibility:** Not wheelchair accessible  
**Estimated Cost:** \$2000 per person

**Details:** Travel across three states, on an 11 day road trip stopping in Portland, Victor Harbour, Kangaroo Island, Adelaide, Mildura, Albury and Painesville with plenty of time to stop and enjoy the tranquility. This trip will include one day at the Adelaide Fringe Festival and one day at the famous WOMADelaide World of Music, Arts and Dance Festival.

### 2. Explore and Relax in Bali

**Duration:** 8 Days  
**Dates:** April 2018 TBA  
**Age Group:** All ages  
**Accessibility:** Please enquire  
**Estimated Cost:** \$2500 per person

**Details:** Explore the island and relax in a beautiful beach villa in Seminyak, Bali. Swim, relax, eat, do a cooking class, spend a day in Ubud at the Monkey Temple, sit on the beach and enjoy the sunset, see some live music, visit waterfalls - the options are endless.

### 3. Trek USA LA/Vegas/Sierra Nevada

**Duration:** 17 days  
**Dates:** May 2018 TBA  
**Age Group:** 18+  
**Accessibility:** Not wheelchair accessible  
**Skill Level:** Ability to walk for reasonable amounts of time over rocky ground at times and in warm conditions  
**Estimated Cost:** \$8500 per person

**Details:** Enjoy an epic adventure, camping your way across the western region of some of the most picturesque locations in the US. Spend a couple of days in LA before embarking on a guided camping/trekking adventure where you will camp in tents (with the odd hotel along the way). Beginning in LA, travel down through San Diego and across the Mojave Desert, through the best of Arizona; visit the Grand Canyon and Las Vegas and head up through the Sierra Nevada to Yosemite National Park before heading back down the coast through San Francisco and back to LA. You will need some stamina to keep up but will be rewarded with spectacular views and an incredible range of experiences all in one trip.

### 4. 2018 World Cup Russia & Finland

**Duration:** 22 Days  
**Dates:** July 2018 TBA  
**Age Group:** All ages  
**Accessibility:** Please enquire  
**Estimated Cost:** \$9000 per person

**Details:** The countdown is on for the long awaited World Cup which will be held in Russia in 2018. Experience 14 days exploring Moscow, St Petersburg and other areas in between having the opportunity to go to some of the games. This is a unique opportunity to go somewhere different and great for serious soccer fans.

### 5. Queensland Cruise

**Duration:** 8 Days  
**Dates:** July 2018 TBA  
**Age Group:** All ages  
**Accessibility:** Wheelchair accessible  
**Estimated Cost:** \$2200 per person

**Details:** Escape the winter weather and head up north. Fly to Sydney before embarking on a seven night P&O cruise to Mooloolaba, Gladstone and Moreton Island with a couple of sea days in between before heading back to Sydney.

### 6. ISAAC Communication Conference Gold Coast

**Duration:** 8 Days  
**Dates:** Fri 20 to Fri 27 July 2018  
**Age Group:** All ages  
**Accessibility:** Wheelchair accessible  
**Estimated Cost:** Price on application

\* Please note - the conference and support costs may be able to be funded with NDIS. If you are interested, please contact us for assistance.

**Details:** ISAAC is the world's largest assistive and augmentative communication (AAC) conference and this is the first time that it will be hosted in Australia. The conference is fully inclusive of all people with an interest in communication, including AAC users and their families and carers, volunteers, support workers, teachers, therapists and researchers and developers. With the NDIS in its early stages, this is an exciting opportunity to explore the possibilities, discuss ideas and challenges with developers and suppliers and talk to other AAC users who have had experience and success with specific communication systems. You will leave this one inspired!

**7. Epic Nerd Camp - Pennsylvania****Duration:** 13 Days**Dates:** August 2018 TBA**Age Group:** 21+**Accessibility:** Not wheelchair accessible**Estimated Cost:** \$6500 per person

**Details:** Experience a real US style summer camp for adults who enjoy all things nerdy on a 550 acre property in the picturesque Pocono Mountains of north eastern Pennsylvania. The Epic Nerd Camp offers cabin style accommodations with a huge range of activities and workshops to participate in including LARP (live action role play games), circus skills, stage magic, sword and archery workshops, fandom games, boffer games (combat games) as well as equestrian and water activities just to name a few.

**8. Broadway NYC****Duration:** 11 Days**Dates:** August 2018 TBA**Age Group:** 18+**Accessibility:** Not wheelchair accessible**Estimated Cost:** \$6500 per person

**Details:** This one is for the die hard theatre and musical fans. Enjoy a range of seven different Broadway and off-Broadway shows over 10 days in New York City! In between shows, explore the city - there is so much to see!

**9. Disney Cruise & Disneyworld USA****Duration:** 15 days**Dates:** Sun 23 Sept to Sun 7 Oct 2018**Age Group:** All ages**Accessibility:** Wheelchair accessible**Estimated Cost:** \$8000 per person

**Details:** Spend 15 days away on a Disney themed holiday including five days exploring Disneyland and Universal Studios followed by a seven day Halloween on the High Seas, Western Caribbean cruise on the Disney Fantasy Cruise Ship. Ports visited during the cruise will include Port Canaveral – Florida, Cozumel – Mexico, Grand Cayman - Cayman Islands, Falmouth – Jamaica, Disney Castaway Cay, Port Canaveral – Florida.

**PLEASE NOTE THE FOLLOWING:**

- All costs are an estimate until numbers are confirmed
- Trip details are subject to change before final confirmation, based on numbers and availability
- Family members are welcome to put in an application
- Not all trips are accessible and have been indicated accordingly (please enquire for more information)
- If you have an NDIS plan, please speak to us and we will provide you with an NDIS support cost
- If you receive an allocation, we will put a final quote together for your approval before invoicing you for a 50% non refundable deposit

**Please express your interest by indicating your preferences online at [bit.ly/IOE18Holidays](http://bit.ly/IOE18Holidays) by Wednesday 30 August 2017**

**For further information or to discuss any of the holiday options, please contact Jo or Pete on 9758 5522**