



Grandparent Carers Program Family Support Services



Social support and recreational activities for fulltime grandparent carers of a child with a disability.

Supporting the wellbeing of grandparents and providing opportunities to relax, share resources and information and remain connected to their peers and community.

Interchange Outer East

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Your local NDIS registered service provider

Grandparent Carers Program

- Assisting grandparent carers with common issues such as social isolation, physical and emotional exhaustion, plus difficulties navigating the sector and sourcing information.
- The program offers social opportunities to meet with other grandparent carers, activities to attend with the children in their care, information sharing and workshops.
- The program is open to all fulltime grandparent carers of a child with a disability. Families do not have to be registered with Interchange Outer East to be involved.
- Supporting the wellbeing of grandparent carers of a child with a disability by helping them feel connected, have time out, meet new people and build relationships.
- Grandparent Carer outings and workshops are heavily subsidised to keep costs low for families. However, a small co-contribution may be required depending on the activity.

Creating Opportunities and Choice

