

## Children's Services

At Interchange Outer East (IOE), children are celebrated and encouraged to be themselves. IOE's programs and services for children provide a range of experiences and opportunities for children up to 18 years of age. Programs for children include:

- **Recreation programs**
- **School holiday program**
- **1:1 and small group flexible support**

Our service offerings are designed to give each child the opportunity to grow, achieve their goals and have fun. We are committed to the individual needs of each child and to coordinating the most suitable support and programs for the children and their families.

All programs for children aim to build relationships, develop confidence and independence, provide new experiences and a short term break for families...all with a focus on having fun!



*“ IOE allows my daughter to be herself in an atmosphere where she can feel included without being judged. She has made some amazing friends and memories which she can add to in the years ahead. ”*

- Mel, Parent

*“ We wouldn't be where we are today without the love and support of Interchange Outer East. When everyone gives up on you, IOE is there to help. ”*

- Cara, Parent



## Children's Services



**Supporting children with a disability to develop social skills, explore their interests and have fun.**

Opportunities for social development, building confidence and having fun while providing a short break for families.

**Interchange Outer East**

5-7 Yose Street, Ferntree Gully Victoria 3156  
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Your local NDIS registered service provider

## Programs

**Recreation Programs** - Recreation programs provide a break for families while offering group based fun, social experiences for children with a disability aged between 5 and 17 years. All activities are fun, engaging and take advantage of the many attractions and events on offer in the community. Participants can choose the activities they want to do to make sure they get the most out of the experience.

Volunteers are an essential part of all recreation programs, supporting children to participate in activities, engage with others and most importantly have as much fun as possible. Children's recreation programs include:

*Children's Recreation* - Introducing children aged 5 to 9 years to group based weekend camps, mini camps and day activities in a supportive environment that allows them to enjoy new experiences and make friends.

*10-13 Recreation* - For children aged 10 to 13 this weekend program offers camps and the type of activities that most pre-teens would enjoy.

*Youth Group* - For 14 to 17 year olds. A weekend program of full day outings and camps, giving teenagers the chance to enjoy themselves socially at local attractions and events. Youth groups generally have set members over a six month period who share the same interests, encouraging ongoing friendships and ensuring that activities are as engaging as possible. Casual membership is also available if preferred.

**School Holiday Program** - IOE runs camps and day activities for school aged children during each school break. All camps and day activities are run by our staff with assistance from volunteers. School holiday camps are held at accredited Victorian campsites and include fun and engaging activities both on and off site. Camps are generally of 3 – 5 days duration.

School holiday day activities are fun, varied and community based. Examples of day activities include rollerskating, swimming, bmx-ing, playgrounds, shows and events, the zoo, Royal Melbourne Show, laser tag, and other attractions.

**1:1 and Small Group Flexible Support** - Through planning and working together, families can tailor supports to meet their respite, support and recreation needs. Coordinators work with families and individuals to plan support around in-home personal care; school pickups and drop offs; after school care; support to participate in recreational opportunities, specific interest groups, the arts and sport; and support for holidays and other leisure options, including 1:1 holiday support.

Families can also combine resources and funding to purchase support with those of similar interests to achieve a small group setting. Through planning and working together, families and staff can tailor supports to meet their needs. This is a flexible service that can meet the goals and needs of individuals and families in many different ways.



### **Other Programs for children include:**

**Sport for Fun:** A fun, non-competitive weekly sport skills program for all children aged 8-18 years.

**Kindermusik with Interchange Outer East:** A weekly music and movement program for all children aged 0-7 years, facilitated by an accredited Kindermusik educator.

**High Functioning Autism Program:** A weekly social development program for children aged 9-13 years who attend mainstream school.

**Funk it Up Friday:** A disco for all ages (children must be supervised) held on the last Friday of each month.

**Youth Hangout:** A fortnightly youth group for all young people aged 12-21 living in the Yarra Ranges. Held every second Friday evening.

**Reactions:** A weekly singing and dancing performance group for everyone.

**After School Program:** For children attending Croydon Special Development School and Eastern Ranges School. Children are collected from school and attend the program in Ferntree Gully.

**Please note fees apply for group programs. IOE is a registered NDIS service provider for all services. All programs can be purchased utilising current funding or self funding.**

## Contact

For more information contact the Interchange Outer East Children and Family Services Team on 9758 5522 or email [ioe@ioe.org.au](mailto:ioe@ioe.org.au)

Further information and online application forms are also available on the IOE website - [www.ioe.org.au](http://www.ioe.org.au)