



**Creating  
Opportunities  
& Choice.**

## **Understanding Your Child:**

### **Setting Boundaries & Turning Negatives into Positives**

Interchange Outer East presents the second in a series of educational workshops for parents of children aged 0-10 years. Each session will help parents understand their child's development and behaviour and will assist with parenting skills and strategies.

#### **Session Two -**

#### **Setting Boundaries & Turning Negatives into Positives.**

#### **This session will cover the following:**

- Why boundaries are needed
- What boundaries are needed
- How to discipline constructively

**When:** Tuesday 1 August - 7pm to 9pm

**Where:** IOE Training Room, 5-7 Yose St, Ferntree Gully

**Cost:** Free! Supper provided

**All welcome!**

#### **Everyone is welcome**

These parenting education workshops are open to parents and carers of all children aged 0-10 years.

Families do not have to be previously affiliated with Interchange Outer East to attend.

#### **Registration is essential**

Contact Karen on 9758 5522 or [familysupport@ioe.org.au](mailto:familysupport@ioe.org.au)

Please include any dietary requirements