

## MEDIA RELEASE

## 25<sup>TH</sup> March 2015

Once again this year, Ferntree Gully based disability support service, Interchange Outer East (IOE), is hosting a fun festival for local youth as part of National Youth Week 2015. As an organization which has a large youth volunteer contingent, IOE knows only too well the value of the contribution youth make to their local communities.

National Youth Week (NYW), 10 - 19 April 2015, is the largest celebration of young people across Australia with thousands of young people across Australia involved in NYW events each year. IOE's festival not only celebrates youth's great achievements and contributions but also raises awareness of youth mental health issues – with Beyond Blue an ongoing partner in NYW.

Interchange's Festival **YOU**th be **HEAR**d will be held:

on Friday, 10th April 2015 11am-3pm at Marie Wallace Reserve, Bayswater (Train Park). Melways Ref: 64, G2.

## **EVERYONE IS INVITED!**

So come along... Bring your Mum, Dad, Brothers, Sisters, Aunties, Uncles, Cousins, Grandpas, Grandmas, Friends ... Everyone!

FREE ENTRY! There will be live music with some great bands playing (check out one of the performers at <a href="https://www.facebook.com/ValerieAvenue">https://www.facebook.com/ValerieAvenue</a>) and entertainment plus a number of speakers on a range of topics. Lots of activities for all the family, display and info stalls, including free henna and face painting, food and drink.

YOUth be HEARd is supported by the Victorian and Commonwealth Governments. It is run in collaboration with Knox THIS IS A DRUG AND ALCOHOL FREE EVENT!

Raising awareness for Mental Health in youth, one step at a time!

For more information contact youthbeheard15@gmail.com



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Donations of \$2 or over are tax deductible