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**MEDIA RELEASE** 

**'LOVING VOLUNTEERING'** 

30<sup>th</sup> NOVEMBER 2012

15 year old Darcy Amos has only been volunteering with Interchange Outer East's (IOE) recreation programs since April this year but since that time has proved to be a real asset to the organisation.

Darcy, who attends Ringwood Secondary, first started volunteering with Interchange Outer East so she could complete the Community Service component of her Duke of Edinburgh award, a part of her year 9 school curriculum. Darcy's parents are both involved in the disability field so, after a bit of family brainstorming disability support service, Interchange Outer East, became the obvious choice for her volunteering placement.

Jess Van Arendonk, IOE volunteer coordinator, said "Darcy is a brilliant volunteer, she is mature far beyond her years and is very versatile and relates really well to children of all ages and disabilities. She has already been on many activities and camps and staff find it hard to believe that she is so new to our volunteering team."

As for Darcy, she says she definitely made the right choice with Interchange and "absolutely loves" having fun with the kids and other volunteers on rec. activities ... and that she plans on continuing to volunteer for many years to come.

For more information about all the volunteering opportunities available at Interchange Outer East, please contact Jess or Marcelo on 9758 5522 or email <a href="wolunteers@ioe.org.au">wolunteers@ioe.org.au</a> or visit <a href="www.ioe.org.au">www.ioe.org.au</a>

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