

There are many programs and services you can access through Interchange Outer East without being registered.

Contact us for more information and to be involved.

For Families and Carers:

- **Mums Social Group**

Monthly social outings and one weekend away per year for mothers of a child with a disability.

- **Dads Social Group**

Monthly social outings and one weekend away per year for fathers of a child with a disability.

- **Carer Support Groups**

Regular workshops, social outings and information sharing for carers. Currently located in Maroondah, Knox, Whitehorse, Yarra Ranges and Boroondara.

- **Family Camp**

A chance for families to get away together and build friendships and a support network with other families. Usually two per year.

- **Grandparent Carers Program**

Workshops, social connection and resources for grandparent carers.

- **Host Program**

Matches a child with a disability with a volunteer host, who shares their home and time with that child on a regular basis.

For Children and Teenagers:

- **Sibling Support Program**

Age based camps and day activities for the siblings of a child with a disability.

- **Kindermusik with IOE (Kilsyth & Rowville)**

A music and dance program for all children aged 0-8 years. All welcome.

- **Sport for Fun (Knox & Yarra Junction)**

A non-competitive sport skills program for all children aged 8-18 years. All welcome.

- **Youth Hangout (Millgrove)**

A fortnightly youth group for young people aged 12-21 living in the Yarra Ranges. All welcome.

- **Autism Program (Ferntree Gully)**

Promoting independence, friendship and fun for children aged 9-13 with ASD who attend mainstream school

- **Reactions (Boronia)**

Two age-based fun weekly performance and dance groups. All welcome, from 5-18+ years.

- **Woori Yallock After School Program**

Inclusive after school program for children with disability or extra support needs, and their siblings, attending Woori Yallock Primary.

Contact familysupport@ioe.org.au

Contact ioe@ioe.org.au

NB: Some programs are age specific. Some eligibility criteria applies.
Some programs have limited places.