

LEADERSHIP I INDEPENDENCE I CONFIDENCE I MENTAL HEALTH

The Duke of Edinburgh's International Award equips young people for life and work.

For young people with autism aged 14-21 years.

In 2019, Interchange Outer East (IOE) are offering an innovative and exciting opportunity for young people aged 14-21 years with ASD to undertake an accredited Duke of Edinburgh Award program.

The Duke of Edinburgh is the world's leading achievement award. In 2013 more than one million young people around the world took part in the Award in over 140 countries and territories. Since the Award's launch nearly 60 years ago, it has inspired more than eight million young people to transform their lives. By creating opportunities for young people to develop skills, get physically active, give service and experience adventure, the Award can play a critical role in their development outside the classroom. It also allows their achievement to be consistently recognised worldwide, giving young people unique international accreditation of their experiences.



EXPECTED OUTCOMES

The IOE Duke of Edinburgh Award program for young people with ASD aims to improve skills and outcomes for each participant in the following areas:

SHORT TERM OUTCOMES

- Confidence
- Ability to manage feelings
- Resilience and determination
- Relationships and leadership
- Planning and problem solving
- Intercultural competence
- Civic competence
- Personal and social wellbeing
- Communication

LONG TERM OUTCOMES

- Improved educational attainment
- Improved employability and sustainable livelihood
- Improved health and wellbeing
- Increased participation in civic life
- Social inclusion
- Increased environmental conscience
- Gender equality
- Reduction and prevention of conflict and violence

ELIGIBILITY

Participants do not need to be registered with IOE to be involved. Participants must be aged 14-21 years with ASD and be able to be supported in a small group setting with the ability to work independently at times.

Participants must commit for the full duration of the program.







APPROXIMATE PROGRAM COSTS

Out of Pocket Expenses		
Item	Cost	
Duke of Edinburgh Award fee		\$169
Two camps (2 days and 3 day)		\$225
Fortnightly session fee (18 sessions)		\$235
TOTAL OUT OF POCKET EXPENSE		\$629
NDIS Items		
Core Supports - Assistance to access community social and recreation activities		\$3740 - \$4760
OR		
Capacity Building - Increased social and community participation - Skills development in a group		\$4200

DUKE OF EDINBURGH AWARD

Find out more about the Duke of Edinburgh award, visit:

www.dukeofed.com.au

INTERESTED?

Contact Jesse Baker, Interchange Outer East Duke of Edinburgh coordinator:

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