



Interchange Outer East

NDIS RECREATION PROGRAMS SUPPORT COSTS - 2018/2019

How will IOE recreation activities be funded under the NDIS?

In the past, Interchange Outer East (IOE) recreation programs have been funded by the State Government. As individuals transition to the NDIS and HACC funding ceases in January 2019, funding for these programs will become the responsibility of the individual through their NDIS plan. To continue to participate in IOE recreation programs, individuals will need to fund recreation activities through their NDIS plan.

How can I ensure that I have funding for recreation in my NDIS plan?

To participate in recreation activities under the NDIS, you need to ensure that you tell your NDIS planner how you would like to participate, what sort of activities are important to you and why, as well as how often you would like to participate in these activities. What you want included in your plan needs to be seen as reasonable and necessary and it should tie in with your goals.

It is important to remember with your NDIS planning that weekend and school holiday camps have traditionally been funded as *respite*. However, IOE camps and recreation activities can continue to provide your family with *short term breaks* as it is known under the NDIS. IOE recognises the positive impact that short term breaks can have on families and carers, in maintaining personal wellbeing, as well as positive and healthy relationships.

How are recreation program costs determined?

IOE's recreation programs have two parts to their costs, as follows:

- **Activity Expenses** - The activity expenses or fees are out of pocket costs that have always been charged to participants and families and this will continue as usual, to cover the cost of things like accommodation, food, transport, entry and ticket costs.
- **Support Costs** – These have previously been a hidden cost to participants and families as IOE has received funding directly for these. They cover the cost of things like planning, wages, administration and other costs relating directly to the support and staffing of activities.

Recreation Support Costs

The cost of support is stipulated in the NDIS Price Guide. We have done some of the work for you to assist you with your NDIS planning and understanding your invoices. The table below show the cost of our most common recreation activities and will give you an idea of what to ask for at your NDIS plan meeting, depending on the number of camps/activities that you wish to participate in. The program costs in this guide are for support only, these activities will still incur out of pocket activity expenses to pay for things like accommodation, food and entry to events that will not be funded through your NDIS plan.

Please note: Invoiced hours vary slightly to the actual contact hours, as staff are required to arrive earlier than participants and leave later for pre- and post-activity meetings, packing and preparation, etc. Depending on the program or activity, this time will be reflected in the invoice as one hour (camps), half an hour (day/evening activity) or 15 minutes (afternoon program) before and after the activity.

The costs stated below are for standard IOE activity/camp hours and may vary depending on the type of activity. Costs will also vary on activities/camps running over a public holiday.

IOE NDIS RECREATION PROGRAM COSTS - FOR ADULTS AND CHILDREN

PROGRAM/ACTIVITY	SUPPORT RATIO	TOTAL NDIS COST (Per activity/session)
School Holiday Program - Midweek day activity	1:1	\$433.26
	1:2	\$242.64
School Holiday Program - Midweek three-day camp	1:1	\$2,516.84
	1:2	\$1,589.70
School Holiday Program - Midweek five-day camp	1:1	\$4,600.42
	1:2	\$2,936.76
Weekend Camp (Fri-Sun)	1:1	\$2,840.24
	1:2	\$1,770.72
	1:3	\$1,414.21
Saturday Activity	1:1	\$534.16
	1:2	\$299.12
	1:3	\$220.80
Sunday Activity	1:1	\$683.60
	1:2	\$382.80
	1:3	\$282.48
Evening Midweek Activity	1:2	\$197.82
	1:3	\$146.02
Sport for Fun - Knox & Yarraburn	1:2	\$53.92
Sport for Fun - Adults	1:3	\$39.80
Reactions Junior	1:2	\$26.96
Reactions 13+	1:2	\$40.44
After School Program - FTG	1:2	\$107.84
After School Program - Woori Yallock	1:2	\$74.14
Youth Hangout	1:2	\$109.79
Note: Activities with a 1:3 support ratio apply to adult programs only		