

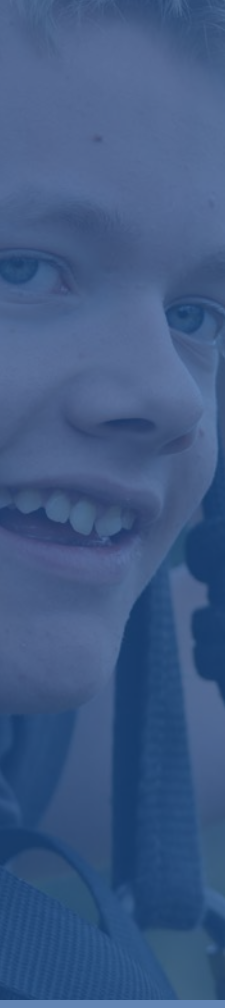
Interchange Outer East

NDIS RECREATION SUPPORT COSTS

July 2017

www.ioe.org.au

INTERCHANGE OUTER EAST



Recreation and the NDIS

How will IOE recreation activities be funded under the NDIS?

To date, Interchange Outer East (IOE) recreation programs have been funded by the State Government. They provide IOE with a sum of money to offer recreation activities, camps, holidays and weekends away for those living in Knox, Maroondah and Shire of Yarra Ranges.

Funding for these programs will continue as individuals transition to the National Disability Insurance Scheme (NDIS). The changeover occurs once an NDIS package is allocated. The costs associated with staff support (true cost) then becomes the responsibility of the individual through their NDIS plan, rather than the State Government - this funding will no longer exist, as it is being replaced by individual NDIS plans. To continue to use IOE recreational services, individuals will need to fund recreation activities through their NDIS plan.

How can I ensure that I have funding for recreation in my NDIS plan?

To participate in recreation activities under the NDIS, you need to ensure that you tell your NDIS planner how you would like to participate, what sort of activities are important to you and why, as well as how often you would like to participate in these activities. What you want included in your plan needs to be seen as reasonable and necessary and it should tie in with your goals.

How can I include this in my goals?

Think about why you participate in recreation activities and why you would like to continue. This will be different for everyone. However, here are some of the benefits that we see and hear of from participants and families:

- To meet new people and develop friendships
- To spend time with friends
- To have new experiences while being supported
- To have opportunities that would otherwise not be possible
- To have a break away from family
- To develop independence
- To learn to feel comfortable being away from home
- To improve social skills and have fun

How are these activities costs determined?

IOE's recreation activities have two parts to their costs and this will continue under the NDIS:

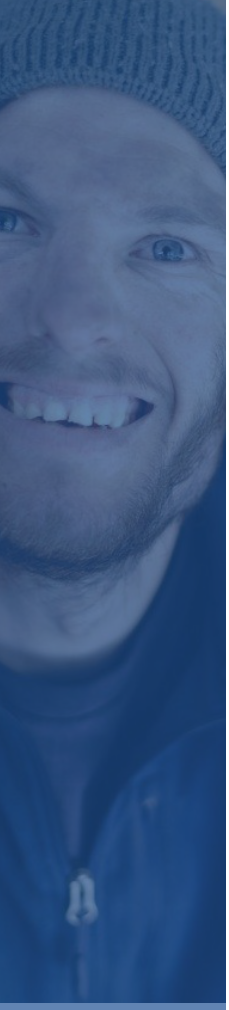
- **Activity Expenses** - The activity expenses or fees have always been charged to participants and families and this will continue as usual, to cover the cost of things like accommodation, food, transport, entry and ticket costs.
- **Support Costs** – These have previously been a hidden cost to participants and families as IOE has received funding directly for these. They cover the cost of things like planning, wages, administration and other costs relating directly to the support and staffing of activities. There are different costs to suit the different support needs of participants.

Recreation Support Costs

The cost of support is stipulated in the NDIS Price Guide. We have done some of the work for you to assist you with your NDIS pre-planning. The tables below show the true cost of our most common camps and recreation activities and will give you an idea of what to ask for at your NDIS plan meeting, depending on the number of camps/activities that you wish to participate in. Cost structures are shown below for both 1:2 and 1:1 ratio activities.

Please note that these cost are for support only, these activities will still incur activity expenses to pay for things like accommodation, food and entry to events that will not be funded through your NDIS plan. In the past some people have had activity fees paid for through their individual support package (ISP) or other funding. This cannot occur under the NDIS unless your plan allows for it.

Activities may vary in length and can be customised to suit the goals of each participant. Activities can be staffed in several different ways and several ratio options are outlined below. If you are unsure of what type of ratio you or your child requires on recreational activities please make contact with a relevant coordinator to discuss. The following costs are to be used as a guide only. Please consider if you are likely to need active support throughout the night or whether you are funded for higher intensity support as these factors will alter the costs.



1:2 Support Ratio Activities

(Available for both adult and children's services)

Day/Evening Activity

Day/Evening Activities 1:2 ratio	Times and Days	Hours or Units	Line Items	Price per Hour or Unit	Total Cost of Support
Social and Community Participation (based on 7 hours)	Weekdays 5pm-8pm	3hrs	04_111_0136_6_1	$22.35	$67.05
	Weeknight 8pm-12am	4hrs	04_114_0136_6_1	$24.52	$98.08
				TOTAL	**$165.13**
	Saturday	7hrs	04_112_0136_6_1	$31.02	$217.14
				TOTAL	**$217.14**
	Sunday	7hrs	04_113_0136_6_1	$39.69	$277.83
				TOTAL	**$277.83**

Weekend Away

Weekends away 1:2 ratio	Times and Days	Hours or Units	Line Items	Price per Hour or Unit	Total Cost of Support
Social and Community Participation (based on 47 hours)	Friday 6pm-8pm	2hrs	04_111_0136_6_1	$22.35	$44.70
	Friday 8pm-12am	4hrs	04_114_0136_6_1	$24.52	$98.08
	Saturday 8am-12am	16hrs	04_112_0136_6_1	$31.02	$496.32
	Sunday 8am-5pm	9hrs	04_113_0136_6_1	$39.69	$357.21
	Sleepover	2 units	01_010_0107_1_1	$194.79	$389.58
				TOTAL	**$1326.12**

Monday to Friday - 5 Day Week Away

Week away 1:2 ratio	Times and Days	Hours or Units	Line Items	Price per Hour or Unit	Total Cost of Support
Social and Community Participation (Mon-Fri)	Weekday 9am-8pm	55hrs	04_111_0136_6_1	$22.35	$1229.25
	Weeknight 8pm-12am	16hrs	04_114_0136_6_1	$24.52	$392.32
	Sleepover	4 units	01_010_0107_1_1	$194.79	$779.16
				TOTAL	**$2318.80**

1:1 Support Ratio Activities
(Available for both adult and children's services)

Day/Evening Activity

Day/Evening Activities 1:1 ratio	Times and Days	Hours or Units	Line Items	Price per Hour or Unit	Total Cost of Support
Social and Community Participation (based on 7 hours)	Weekdays 5pm-8pm	3hrs	04_104_0125_6_1	$44.72	$134.16
	Weeknight 8pm-12am	4hrs	04_103_0125_6_1	$49.04	$196.16
				TOTAL	**$330.32**
	Saturday	7hrs	04_105_0125_6_1	$62.03	$434.21
				TOTAL	**$434.21**
	Sunday	7hrs	04_106_0125_6_1	$79.38	$555.66
				TOTAL	**$555.66**

Weekend Away

Weekends away 1:1 ratio	Times and Days	Hours or Units	Line Items	Price per Hour or Unit	Total Cost of Support
Social and Community Participation (based on 47 hours)	Friday 6pm-8pm	2hrs	04_104_0125_6_1	$44.72	$89.44
	Friday 8pm-12am	4hrs	04_103_0125_6_1	$49.04	$196.16
	Saturday 8am-12am	16hrs	04_105_0125_6_1	$62.03	$992.48
	Sunday 8am-5pm	9hrs	04_106_0125_6_1	$79.38	$714.42
	Sleepover	2 units	01_010_0107_1_1	$194.79	$389.58
				TOTAL	**$2382.08**

Monday to Friday - 5 Day Week Away

Week away 1:1 ratio	Times and Days	Hours or Units	Line Items	Price per Hour or Unit	Total Cost of Support
Social and Community Participation (Mon-Fri	Weekday 9am-8pm	55hrs	04_104_0125_6_1	$44.72	$2459.60
	Weeknight 8pm-12am	16hrs	04_103_0125_6_1	$49.04	$784.64
	Sleepover	4 units	01_010_0107_1_1	$194.79	$779.16
				TOTAL	**$4023.40**

These costs are to be used as a guide only. Please consider if you are likely to need active support throughout the night or whether you are funded for higher intensity support as these factors will alter the costs.

